- Loving God, You are the Source from which the spiritual world arises.

  You are the Universal Creator!
  - Transcendent Spirit!
- And Intimate Companion who seeks to come alive within the scope of each of our lives.
- We have found You when we did not expect you to arrive.
- We have wondered where You are when terrible things happen.
- We doubt!
- We hope!
- We think there must be some way to bend You to our will.
- And then we are disappointed, because You send us in some other direction or stop us in our tracks when we are determined to take a certain path.
- We admit our limited vision.
- We acknowledge our short attention span when it comes to paying attention to you amidst all the activities of our days and nights.
- We know we worry about stuff that You would prefer we left in Your hands.
- Have patience with us.
- We're not awake as much as we need to be.
- Wake us up to our own deeper needs and to the needs of our brother and sister humans, animals, trees, rocks, flowers.
- If we can't wake up by our own power, give us glimpses of Your created beauty that we can't ignore.
- And when we run out of wisdom in our own affairs, remind us of an idea or two of Jesus' so that we can get back on track.
- And thank you for being here with us to listen.....and to be.....Our Father.....